 Psychology 30.8 Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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|  | **Fully meeting expectations, with enriched understanding (EU)** | **Fully meeting grade level expectations (FM)** | **Mostly meeting grade level expectations (MM)** | **Not yet meeting grade level expectations (NY)** |
| **P30.8 Examine interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.** | You can insightfully examine interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.You might be: * Investigating historical and contemporary perspectives (e.g., First Nations and Métis traditional worldviews, psychoanalytic, behavioural, sociocultural, psychosocial) on human development.
* Exploring the benefits of holistic approaches (i.e., interconnected mind, body, spirit, emotion) to lifespan development.
* Creating a representation (e.g., essay, letter, comic strip, magazine advertisement) that supports a positive quote about aging (e.g., “Getting old is like climbing a mountain; you get a little out of breath, but the view is much better!”, Ingrid Bergman), based on two dimensions.
 | You can examine interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.You show this by:* Examining the impacts of change as one transitions through different experiences (e.g., moving away from home, entering the work force, becoming a parent, retiring) in a lifespan.
* Examining biological, cognitive, emotional and spiritual changes, challenges and benefits during the aging process.
* Assessing influences of childhood traumas (e.g., war, violence, abuse, neglect, attachment issues, exposure to or witnessing substance misuse, family isolation, poverty) on adult development and lifestyle.
* Analyzing relationships between personality, lifestyle and health and discuss implications for own life.

You support your examination with relevant details and examples.  | You are exploring and practicing examining interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.You may be: * Exploring the impacts of change as one transitions through different experiences (e.g., moving away from home, entering the work force, becoming a parent, retiring) in a lifespan.
* Exploring the ideas of biological, cognitive, emotional and spiritual changes, challenges and benefits during the aging process.
* Discussing some of the influences of childhood traumas (e.g., war, violence, abuse, neglect, attachment issues, exposure to or witnessing substance misuse, family isolation, poverty) on adult development and lifestyle.
* Discussing some relationships between either personality, lifestyle and health and discuss implications for own life.
 | You are having trouble examining interconnectedness of the four dimensions (i.e., biological, cognitive, emotional, spiritual) of the whole person through lifespan development.Consider: * What is meant by biological, cognitive, emotional, and spiritual development?
* How are each of the four dimensions of development related?
* What are some relationships implications in your own life?
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Feedback: